Putting on (DONNING) Personal Protective Equipment (PPE)

1. Hand Hygiene



- Using an alcohol-based hand rub is the preferred way to clean your hands.
- If your hands look or feel dirty, soap and water must be used to wash your hands.

Gown



- Don the gown by placing each arm into the sleeves, opening at the back.
- Secure the neck of the gown.
- Secure the waist with the ties.

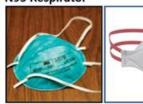
3. Mask Mask with or without Visor





- Secure the ties, loops or straps.
- Pull the bottom of the mask down under the chin.
- Place middle fingers on the bridge of the nose and "walk" the index finder down the sides of the nose pressing and moulding the wire to the face.

N95 Respirator





For Airborne Precautions:

- Select NIOSH approved N95 respirator you have been FIT tested for.
- Remove prescription glasses.
- Follow the application steps for assigned fit-tested N95 respirator.
- Put prescription glasses on do not push to fit.

4. Eye Protection or Face Shields**



- · Place over the eyes (or face).
- Adjust to fit.

**Not applicable if you are wearing a mask with visor.

5. Gloves



- · Choose appropriate size of glove.
- Put on gloves, taking care not to tear or puncture.
- Ensure that the cuff of the glove covers the cuff of the gown.

<u>Note:</u> At any time during donning of PPE, you feel you have contaminated your hands, perform hand hygiene and then continue with donning of PPE.

Taking off (DOFFING) Personal Protective Equipment (PPE)

1. Gloves 1 2 3 4

- The outside of gloves are contaminated.
- Take off gloves at doorway just inside the client room/space.
- Glove-to-glove, pull forward and discard
- Skin-to-skin, place fingers under other glove cuff pull forward and discard

NOTE: Discard one at a time – do not ball gloves together to minimize risk of self-contamination.



- · Untie at neck and then the waist.
- Slide 2 fingers under the cuff of the gown; pull hand into gown.
- Using covered hand, grab opposite sleeve and pull over hand.
- Fold gown inward, rolling it outside-in, away from you.
- Then place in disposal receptacle.

Eye Protection or Face Shield



- Handle only by the headband or ear pieces.
- Carefully pull away from face.
- Put reusable items in appropriate area for cleaning.
- Put disposable items into the garbage.

6. Hand Hygiene



Clean your hands (See step #2).

2. Hand Hygiene





4. Hand Hygiene





- Using an alcohol-based hand rub (ABHR) is the preferred way to clean your hands.
- If your hands look or feel dirty, soap and water must be used to wash your hands.
- Clean your hands (See step #2).
- Exit the patient room, close the door and clean your hands again.

7. Mask or N95 Respirator







- Bend forward slightly and carefully remove the mask from your face by touching only the ties or elastic bands.
- Start with the bottom tie, then remove the top tie.
- Throw the mask in the garbage.
 NOTE: There are different styles of N95 respirators but all styles have the same basic steps for doffing.

8. Hand Hygiene





Clean your hands (See step #2).

Note: At any time during doffing of PPE, you feel you have contaminated your hands, perform hand hygiene and then continue with doffing of PPE.